

PATIENT PARTICIPATION GROUP

Report of the 'Teams' Meeting held at 1400 Thursday 12 May 2022

- **Present:** Dawn Holland, Philip Young (Chair for this meeting), Ken Skehan, Pat Ayres, Sue Dunham; & Amanda Wragg (GRCC).
- 1. Apologies: Nigel Collins, Ursula & Bruce Evans, Eileen Grout, Gill Scott, Chandra Verma, Graham Jones, Sue Dunham, Dr Will Norman.

New Members: Richard Peake and Alice Story did not attend although invited.

Resignation: Lian Franklin has stepped down from the PPG temporarily.

- 2. Report of the meeting on 31st March and Matters Arising. Approved.
- **3.** CHG News Sue Dunham
 - a) Care Quality Commission (CQC) are to inspect the Practice again. The two relevant dates are 19th May and 26th May.
 - b) After over twenty years of service, Dr Alan Gwynn has retired from the practice. Dr Rob Mawdsley (who you may already know as a salaried GP) is joining us as a new partner.

4. Social Prescribing (SP) - Update by Amanda Wragg (GRCC).

- a) The GRCC Community Wellbeing Service Team, which is now fully staffed again, has had a very busy last 6 months. In certain areas of the Cotswold District where there appears to be a link between deprivation and health-related issues particularly with regard to measures to do with life years lost. Consequently, a short questionnaire is being devised by a wider strategic group to enable those running two of the 'stalls' at the forthcoming Health Care Event to find out what those attending consider what is good about their area in respect of health and well being and what might be done to improve matters. The emphasis will be on what is good (taking a positive approach to opening conversations).
- b) A Fibromyalgia Support Group has been established at the Cirencester Baptist Church in conjunction with Cirencester College including creative activities and coffee and chat. A Social Prescriber attends this on a weekly basis.
- c) Work is also going into establishing work activities for men with ideas being explored around including allotments and gardening, and separately building links with the Friendship café in Tetbury.

5. Preparations for 'Self-Care -- The NHS and Beyond' 14 June 2022. -

- a) Eileen Grout has let PY have a report on the current situation re our Health Care event on 14th June. This is attached as an appendix to these notes.
- b) In Summary we will have 16 style market stalls and a line of gazebos. % of the stalls will be shared to make best use of space for the smaller organisations. There has been one cancellation. Westonbirt. The lady who was going to bring the stall has now left Westonbirt and there is no one to take her place. The gazebo which she was to use is being held as a possible location for a NHS recruitment stand.
- c) Work is on going to develop our PPG stand which will be gazebo based and in a prime location. The PPG stall will host Self Care Fact Sheets produced for the NHS on a web site of the same name. Other stands will also promote a similar organisation to their own where the group itself

is unable to attend. For example, the cancer Support Charity Maggie's will also promote The Richard Dimbleby Cancer Care Map. A rota has been established for this with the main gaps clear up at the end of the day!

- d) Response from schools has been poor so far.
- e) Ken reported that Heartwize will be in attendance but there will be a need to find first responders who can help with the defibrillator demonstrations.
- f) Event Promotion All confirmed that a copy of the flyer was received in Cirencester Scene. Additional copies are being distributed around the Town through the Town Council. A second half page advert will go in the next edition of Cirencester Scene, and the event will be promoted on social media as it gets nearer.
- g) Dawn Holland reported that she has the use of chairs from the Church but someone will need to be responsible to return them at the end of the day. Action NC.
- h) Sue Dunham offered to let us have a pad of patient registration Forms for the PPG stand. These are not GP specific and can be returned to the surgery of the person's choice. The offer was accepted, and Sue will bring them down on the day. Action SD
- i) Ken will let Sue have some notes for the surgery web site. Action KS.

6. New Chair and Minutes Secretary

PY Reminded the Group that a new Chair and Minutes Secretary are needed from after our next meeting. PY also advised the Group that it was unlikely he would be able to fill the role due to commitments elsewhere.

- 7. Any Other Business Pat Ayres reminded the meeting that her eating disorder Group had a concert with the Stewart Singers on Friday evening. She would also like to get some flyers for our event to the Sundial Theatre. (Post meeting note. The concert was successful and raised around $\pounds 2000$).
- 8. **Date and Time for Next meeting: 1400 on 23rd June 2022.** If Possible we would like to be a F2F meeting. Dawn is going to see if a meeting Room in the Church could be available. This will be a special PPG meeting, to assess its achievements and to make recommendations for action and/or future events while experience is still fresh in our minds.

UPDATE FOR PPG MEETING 12 May 2022

Stalls Layout Plan (including extra Gazebos, Church and Church Office)

EG reported all 16 stalls are occupied with 5 stalls sharing. Two stalls have agreed to show case material for 2 organisations who offer a great self-care facility, but don't have the manpower to promote. The PPG are promoting The Self Care Forum Factsheets and Maggie's, Cheltenham are promoting awareness of The Richard Dimbleby Cancer Care Map.

The one spare Gazebo (Westonbirt cancellation) is being held for a possible NHS Recruitment area. If this is not successful, PJ suggested we keep it free as a possible "first aid" tent or just a "get out of the blazing heat" zone in the event of his predicted hot spell!

Sarah confirmed that the TC now have 7 tables for the Gazebos. No need for EG to chase up on additional tables, Philip Young (PPG), Nicola Skelton (GH&C NHS Foundation Trust) and Clare Morgan (Cirencester E.D. Support Group) can supply own tables.

It was agreed to keep the reservation on the Church Office for the Rotary. A member of the Church Staff will be working in the reception area on the day.

Heartwize Update - Schools

Neither Sarah C-G or Ken have received any response/update from Wendy Lomas and it's been decided to approach Kingshill, Deer Park and Farmor's schools direct. Sarah C-G has offered help with her contacts in Deer Park and Farmor's.

If the Schools programme is to proceed, we need to recruit locally first aiders who can be trained by Heartwize to carry out the defibrillator demonstrations. This needs to be organised prior to the event. Ken to contact Stephen Andrews, CDC Councillor and Cotswold First Aid.

The travel costs of this training for Heartwize (HMRC rate of 45p per mile, approx £60 per vehicle) to be met by the PPG. Ken to confirm details to Peter.

Date for distribution of Stall Layout and Participation Information

It was agreed to keep this as close to the event as possible, eg sometime during w/c 31 May.

Distribution of Spare A5 Flyers

Agreed the A5 Flyer, PPG quarter page advert (page 7) and TC article (page 36) in the May issue of the CS was a great start.

The Mayor is doing a walk around of the Town retailers on Thursday this week (5 May) and will drop off copies of the Flyer and the TC press release at the same time.

Members of the PPG also collected a quantity for distribution in the villages. Distribution also needed for Library, Tourist Information Office, Surgeries, Sports Centre etc

NB Post meeting All Distribution above met other than Surgeries.

Update on Marketing/Advertising/Press Release

Sarah outlined the following TC programme for advertising/press release

The Press release went out to all Town Council contacts w/c 25th April and was released in Ciren Scene on 30th April along with the A5 flyer and PPG invite.

A following Advert will go out in the June Cirencester Scene highlighting the June Dates and also some editorial about the full week of events.

Social Media campaign will ramp up around May 16th giving at least 4 weeks prior to the event to get the word out. Initial posts will be surrounding the full week, then broken down into individual days and then individual participants. All participants will be asked to share our posts and we will share anything that they also produce. Social media to be used are Twitter, Facebook and Instagram.

The Wilts and Glos Standard have been approached however is quite an expense, Becky Coles is exploring other avenues such as So Glos. The Press Release has as part of our contact list gone to the Local Answer and the Standard for them to pick up as they wish. This will be issued to them again Mid May for June publications. SO to check progress with Community Service Manager

The PPG agreed to send out the proposed half page editorial for the CS June issue to all Stall Participants.

NB Post-meeting it has also been agreed to e-mail a digital copy of the A5 Flyer to all Stall Participants. EG to ACTION.